



**Exceptional Student Education
Programs for Students with Emotional/Behavioral Disabilities
Quarterly Clinical/Art Therapy Progress Summary**

Student: _____ ID: _____

School/Program: _____ Grading Period: 1 2 3 4

Service Type: Counseling Clinical Art Therapy*
 Therapeutic Counseling (student eligibility required/art therapists only)

Goals: _____

Specific problem(s), skills, deficits, behaviors, issues and/or themes addressed in the session(s): _____

Interventions utilized:

- | | | |
|--|---|--|
| <input type="checkbox"/> Behavior Modification | <input type="checkbox"/> Activity-based therapy | <input type="checkbox"/> Treatment progress reviewed |
| <input type="checkbox"/> Play therapy | <input type="checkbox"/> Relaxation/meditation | <input type="checkbox"/> Career/vocational planning |
| <input type="checkbox"/> Conflict mediation | <input type="checkbox"/> Anger management | <input type="checkbox"/> Expressive modalities |
| <input type="checkbox"/> Cognitive/behavioral | <input type="checkbox"/> Social skills | <input type="checkbox"/> Art Therapy* |
| <input type="checkbox"/> Communication-relational skills | | <input type="checkbox"/> Other: _____ |

Client's response to interventions:

- | | |
|--|--|
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Non-responsive |
| <input type="checkbox"/> Uncooperative | <input type="checkbox"/> Resistant |
| <input type="checkbox"/> Assertive | <input type="checkbox"/> Engaged, active |
| <input type="checkbox"/> Passive | <input type="checkbox"/> Variable |
| <input type="checkbox"/> Aggressive | Other: _____ |

Assessment of progress/outcome:

- | | | |
|---|--|---|
| <input type="checkbox"/> Minimal | <input type="checkbox"/> Problem-solves with assistance | <input type="checkbox"/> Able to generate alternatives |
| <input type="checkbox"/> Slow | <input type="checkbox"/> Complicated by recent stressors | <input type="checkbox"/> Demonstrates empathy, support for others |
| <input type="checkbox"/> Steady | <input type="checkbox"/> Developing insight | <input type="checkbox"/> Uses sessions to vent |
| <input type="checkbox"/> Good/excellent | <input type="checkbox"/> Little insight | <input type="checkbox"/> Variable |
| <input type="checkbox"/> Initiates problem-solving | <input type="checkbox"/> Aware, insightful | |
| <input type="checkbox"/> Increased difficulties noted | | |

Comments/Plan: _____

Art Therapy Assessment:

- SDT/LCA date:
- Re-assess (SDT/LCA) date:

Student Artwork Indicates:

- Depression
- Aggression
- Anxiety

Utilizes art to:

- Increase social skills
- Reconcile anger
- Increase communication
- Express feelings
- Increase impulse control
- Increase coping skills

Student demonstrates:

- Increase in interpersonal skills
- Decision making skills through art
- Frustration tolerance through art
- Increase in independent functioning
- Other: _____

Art Therapy Observations/Report on progress or assessment: _____