



## Department of Food and Nutrition

### Medical Statement for Meal Modifications

#### Section I – To be completed by parent or guardian.

1. Name of child: \_\_\_\_\_ 2. Birth date: \_\_\_\_\_  
(Last) (First) (MI)
3. Name of parent or guardian: \_\_\_\_\_
4. Phone number (with area code): \_\_\_\_\_ 5. E-mail address: \_\_\_\_\_
6. Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_
7. In accordance with the provisions of the Health Insurance Portability and Accountability Act (HIPAA) of 1996 and the Family Educational Rights and Privacy Act (FERPA), I hereby authorize \_\_\_\_\_  
*printed name of child's recognized medical authority.*  
to release such protected health information of my child as is necessary for the specific purpose of special diet information to \_\_\_\_\_ and I consent to allow the recognized medical authority to freely  
*print name of school district*  
exchange the information listed on this form and in my child's records with the school district as necessary. I understand that I may refuse to sign this authorization without impact on the eligibility of my request for a special diet for my child. I understand that I may rescind permission to release this information at any time, except when the information has already been released.
8. Signature of parent or guardian: \_\_\_\_\_ 9. Date: \_\_\_\_\_

#### Section II - Completed by child's recognized medical authority.

This section must be completed by the child's physician, physician assistant, doctor of osteopathy, or advanced practice registered nurse (APRN). APRNs include nurse practitioners, clinical nurse specialists, and certified nurse anesthetists who are licensed as APRNs.

10. **Physical or mental impairment:** Does the child have a physical or mental impairment that restricts the child's diet?

- No  Yes: Describe in detail how the child's physical or mental impairment restricts the child's diet.

11. Diet plan: Explain the diet/meal modification for the child. Attach a specific diet/meal plan, if needed.

12. Food omissions and substitutions: List foods to be omitted/substituted from the child's diet/meal plan.



## Department of Food and Nutrition Medical Statement for Meal Modifications

### Section II - Completed by child's recognized medical authority, continued

13. **Food texture:** List foods that require a change in texture. Indicate "all" if all foods should be prepared in this manner.

Cut up or chopped into bite-size pieces: \_\_\_\_\_

Finely ground: \_\_\_\_\_

Pureed: \_\_\_\_\_

14. **Special Feeding Equipment:** List any special equipment or specialty utensils needed.

15. **Additional information:** Indicate any other information about the child's eating or feeding patterns that will assist in providing the requested meal modification. \_\_\_\_\_

16. Printed name of recognized medical authority: \_\_\_\_\_ 17. Phone number \_\_\_\_\_

18. Signature of recognized medical authority: \_\_\_\_\_ 19. Date: \_\_\_\_\_

20. Office Stamp:

As policies indicate, provide information/ copy to:

- |  |   |
|--|---|
| <input type="checkbox"/> Food Service Manager/Sat. Assistant.    Date: _____ | <input type="checkbox"/> Filed with student health records    Date: _____ |
| <input type="checkbox"/> School Nurse/Clinic    Date: _____                  | <input type="checkbox"/> 504 Committee    Date: _____                     |

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- (2) fax: (833) 256-1665 or (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)